



David Woods Bartley

A dynamic speaker, storyteller, and writer who opens minds, touches hearts, and inspires others to action by sharing his journey from mental "hellness" to mental wellness.

AS SEEN IN

TED^x LosGatos
x = independently organized TED event

"One of the best speakers I've **EVER heard** at chapel and, that goes 18 years back."

FRITZ MOGA
CHRISTIAN LEADERSHIP PROFESSIONAL
WILLIAM JESSUP UNIVERSITY

Like most people, David Woods Bartley has seen his fair share of successes and setbacks; from directing a nationally recognized nonprofit to battling a life-threatening mental illness. But over the last seven years, David has successfully navigated from the isolation of mental "hellness" to the inclusive space of mental wellness.

Currently, David is a member of the National Alliance on Mental Illness, the International Association for Youth Mental Health, the National Storytelling Network's Healing Story Alliance, and Active Minds.

In addition to giving a TEDx talk in the fall of 2018, David has been invited to speak before audiences across the country, giving keynote speeches and leading workshops on the topics of mental health, suicide awareness and prevention, the power of connection and the use of language as a tool of healing to organizations such as the United States Food and Drug Administration, the Army of Engineers, Sacramento State, California Northstate School of Medicine, UC Davis, William Jessup University, Sutter Health, Lyft, along with various faith denominations, national law enforcement agencies and community organizations at the national, state and local level.

MOST REQUESTED PRESENTATIONS & WORKSHOPS:

- **Sometimes what hurts the most can't be seen;** but, sometimes what helps the most is easy to do.
- **From mental "hellness" to mental wellness;** a journey of understanding, surrender, and acceptance.
- **Remodeling a life dived into a life united;** using whole person care to build and sustain mental health
- **Moving from isolation to inclusion using the power of connection;** 3 simple ways to unite with others.
- **I don't know what to say;** learning the language of mental health
- **Putting your self-care on a pedestal;** 3 steps to creating a wellness plan.

"By far the **MOST SIGNIFICANT talk on mental illness** I have ever experienced! It changed my perspective and propelled me into action, all within a few moments."

ANITA ROSS, B.E., M.S.E.,
AUTHOR, SPEAKER, TRAINER

**FOR SPEAKING FEES &
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