

DAVID WOODS BARTLEY

SPEAKER | TRAINER | FACILITATOR | ADVOCATE

David delivers his message of hope and wellness through keynote and group presentations, interactive workshops, and engaging training programs. David has conducted trainings and spoken to more than 50 organizations about:

- The Invisible Pain of Depression and Other Mental Illnesses
- The Power of Whole Person Care in Treating Mental Illness
- Using Connection as a Tool for Hope and Healing
- Learning the Language of Mental Health
- Transforming Stigma into Support
- *And many more!*

ABOUT DAVID

Like most people, David Bartley has seen his fair share of successes and setbacks: from co-directing a nationally recognized animal sanctuary to battling a life-threatening mental illness.

But over the last seven years, David has successfully navigated from the isolation of mental “hellness” to the inclusive space of mental wellness.

David is regularly invited to speak before a wide range of audiences across the country, giving keynote speeches and leading workshops on the topic of mental health.

David is a member of the National Alliance on Mental Illness, the International Association for Youth Mental Health, the National Storytelling Network’s Healing Story Alliance, and The Stability Network. David holds certifications in Mental Health First Aid for Youth and Adults, SafeTALK (Suicide Awareness for Everyone), and QPR (Question, Persuade and Refer) a suicide prevention technique.

David’s goal for each speech and workshop is the same: to shed light on the issue of mental illness, and open doors to the possibility of mental health for all.



LET’S CONNECT

DAVID@DAVIDWOODSBARTLEY.COM

(916) 247-6389

DAVIDWOODSBARTLEY.COM

  DAVIDWOODSBARTLEY



PRESS

PLEASE DIRECT ALL INQUIRIES TO:

LINDSEY NELSON
NICHE COMMUNICATIONS
LINDSEY@NICHECOMMS.COM
(916) 220-1453

FEATURED CLIENTS



SUGGESTED QUESTIONS

- What are things we can do to keep the discussion surrounding mental health all year long?
- What tips do you have for promoting connection in the workplace? At home?
- What motivates you to inspire others to achieve mental wellness?
- How do we remove the stigma surrounding mental illness?
- How does making connections improve mental health?
- What are signs that a loved one may have depression?
- Why is Mental Health Awareness Month important?

BOOKS

The Blue Elephant - To Be Released Winter 2018

David Bartley's debut book, *The Blue Elephant*, is a story about a young elephant, Chance, who begins to feel blue after a traumatic encounter with an older bull elephant. What's confusing for Chance is this new feeling isn't just sadness, it's much more, and before long the blue begins to overwhelm him. Through the power of the herd, and connection with one special elephant, Chance learns that it's okay to feel blue and not to hide it -- because talking about his blue can help others who feel blue, too



"Thank you for sharing your life experiences related to Mental Health on May 19, 2018 at Sutter Center for Psychiatry's community event. It was nothing less than inspiring! It was truly impressive how you were able to capture the entire audience with personalized stories that drew heartfelt laughs and ears. I particularly want to acknowledge you for your emphasis on the message of how connections is key when caring for those who need mental health services. Your positive message has made our team and community providers better equipped to provide the best care possible for our community in need."

- Ixel Morell, MPA, MBA Executive Director

MENTAL HEALTH AWARENESS RESOURCES

Partnership for Workplace Mental Health workplacementalhealth.org

National Suicide Prevention Lifeline suicidepreventionlifeline.org

National Center for Health Statistics cdc.gov/nchs

Know The Signs suicideispreventable.org

MentalHealth.gov mentalhealth.gov2